



Škola Taekwon-Do Kwang Gae o.s.

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vých.

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Dear friends and colleagues,

Therefore I would like to invite you to 19th Taekwon-Do summer camp, organized by Taekwon-Do school Kwang Gae, which will take a place at sport area "U starého rybníka" Zbralavice village near to Kutná Hora. In this sport area are held preparations in cooperation with national team and Middle Bohemia region. This camp was completely rebuilt. Reason for keeping camps here is wide sport base, great kitchen and very friendly atmosphere.



Last year we hosted camp for 120 participants from Czech and foreign clubs. Summer camp starts by barbecue night for all participants (last year it was turkey) Following days participants have obtained to train with instructors of Taekwon-Do, Kickbox-aerobic, Ji Jitsu a Hap-Ki Do. Every evening is closed with camp fire with guitar.

Aerobic and dance. Also possibility of witness work of Prison service, work of police dogs, tournament afternoon, tournament in Taekwon-Do, night adventure game, Taekwon-Do examination, disco, trip to Zbraslavice and much more.

During summer camp will participants have possibility to see exhibition of Taekwon-Do, possibility of witness work of Prison service, tournament afternoon, tournament in Taekwon-Do, night adventure game, Taekwon-Do examination, disco, trip to Zbraslavice and much more.



For those who will have extra energy there is possibility of table tennis, beach volleyball, basketball, football and during summer days possibility of renting boat on a lake and swimming.



Although most participants takes advantage of individual trainings with national team members of Czech Republic, international instructor M. Baltic from Slovenia and Mr. Agim Murdic from Bosnia. There is also possibility to get better in other languages while instructors are able to have trainings in Czech language, they are also willing to have them in their native

language therefore possibility to practice English or Croatian.

Accommodation is secured in ***hotel, with two gyms with tatami, gym for strengthening and sauna. Meals are prepared according to needs of a camp and is enriched for afternoon snack and drinks. Breakfasts are supplemented by meals for sportsmen and after discussion is possibility of vegetarian meals or meals according to special needs.



Program during whole summer camp and summer camp at all is taking care of by old team of instructors and assistants. This year will be Summer camp held from July 5-15.th 2014.

Thankfully to support of our partners Middle Bohemia region and city of Říčany, we will spend ten incredible days together which we all look forward to.

Forms please forward to email address sekretarcnut@gmail.com, or address: Škola Taekwon-Do Kwang Gae, Tehov – 71, 251 01 p. Říčany, Česká republika, or throughout your club or your trainer.



Price of the Summer camp is 7480,-Kč. In this fee you will have meals



3times a day
+ snacks
and drinks,
trainings and seminars, tournaments, t-shirt with logo of this year Summer camp, snacks and meals to camp fire, all sport

utilities of area and more. Until May 31, is necessary to pay deposit 2000 CZK in cash or on account of the school 194 975 526/ 0600, rest might be paid at registration at Summer camp

Sincerely yours,
Inter.instr. **Vladimír Machota 6. Dan**

Hand it to your trainer with deposit 2000 CZK.

<p>Name and surname</p> <p>Adress</p> <p>Mom, dad phone.....</p> <p>Date of birth/ birth number.....</p> <p>I agree that my son or daughter will attend Summer camp at Zbraslavice 2014, July 5-15.</p> <p>..... Signature</p>	<p>Club</p> <p>Degree</p> <p>How long you train Taekwon-Do?</p> <p>Insurance company</p>
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- At registration you will hand us:
- Note form a doctor
 - Note that you are disease free (form to download here www.machota-sport.cz)
 - insurance company card
 - confirmation of accident insurance during date of Summer camp

<p>Doctor's note of participants health.(hand it to us at registration with card of insurance company)</p> <p>Name and surname date of birth</p> <p>Is <u>able</u> / <u>not able</u> to participate at 19th International Taekwon-Do summer camp 2014.</p> <p>Health condition :</p> <p>.....</p> <p>..... Stamp and signature of a doctor</p>
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